

# CYBER SAFETY

The Internet has drastically changed the way that children interact with the world. They have access to in-depth knowledge, tools to express their creativity, and people from all over the world. Yet along with offering a fascinating, new way to connect with the world, the Internet also offers new risks:

- Cyberbullying
- Exposure to inappropriate material
- Online predators
- Revealing too much personal information

Children use a variety of online services, and each of these services can have different safety concerns. However, there are some basic tips which you can employ no matter how your children use the Internet.

- Keep the computer in a high-traffic or common areas in your home.
- Plug in devices in common areas or parents bed room.
- Establish limits for which online sites children may visit and for how long.
- Remember that Internet technology can be mobile, so make sure to monitor cell phones, gaming devices, and laptops.
- Surf the Internet with your children and let them show you what they like to do online.
- Know who is connecting with your children online and set rules for social networking, instant messaging, e-mailing, online gaming, and using webcams.
- Continually dialogue with your children about online safety.
- **Find out about online protection. Some options are listed below.**
  - **SafeEyes**
  - **Mymobilewatchdog**
  - **Kids Place Parental Control**
  - **Kuukla Parental Control**
  - **Abeona – Parental Control & Device Monitor**
  - **SecureTeen Parental Control**
  - **Kids Zone Parental Controls**
  - **Norton Family Parental Control**
  - **Screen Time Parental Control**

## Internet Safety Rules

- 1. I will tell my trusted adult if anything makes me feel sad, scared, or confused.*
- 2. I will ask my trusted adult before sharing information like my name, address, and phone number.*
- 3. I won't meet face-to-face with anyone from the Internet.*
- 4. I will always use good netiquette and not be rude or mean online.*

Sources:

[http://cdn.netismartz.org/tipsheets/protecting\\_kids.pdf](http://cdn.netismartz.org/tipsheets/protecting_kids.pdf)  
<http://kidshealth.org/en/parents/tv-habits.html?WT.ac=p-ra#>  
<http://www.hongkiat.com/blog/parental-control-apps-android/>

